The Southeastern Fox Trotter Association invites you to a clinic with...

Bonnie Williams

Balanced Venture Horsemanship

Saturday, June 7, 2014 – Sunday, June 8, 2014
Tap Roots Farm
Old Fort, North Carolina
Rain or Shine!

Bonnie's Clinics are well known in Virginia. A certified Instructor of Rider Biomechanics and her love of Gaited Horses is bringing her to North Carolina! The Clinic is geared toward all levels of horses and riders from beginning to advanced levels. Bonnie strives for a safe, positive, and fun environment at all of her clinics. Everyone can have a great time and learn to be "*Naturally In Balance...Together!*"

The Clinic will include but not be limited to:

- Rider Biomechanics and Introductions
- Making positive choices and applications when using supportive aids such as the human body, bits, bitting and saddle fit
- Equine psychology
- Common sense ground work
- Gait analysis
- Gait development
- Conditioning
- Application and benefits of lateral work on the ground and under saddle

The clinic is open to members of the SEFTA Club only until May 23. After May 23, the clinic will be open to the public. The clinic is limited to 12 riders, so don't wait to sign up! If you are not a member of SEFTA, now is your chance to join! Please contact Lynn Allen, lynnallen51@gmail.com for more information on becoming a member of SEFTA.

Rider Participants:

The fee for rider participants is \$75.00/pp (early pre-registration discounts available). This fee includes one day of instruction with Bonnie Williams, Balanced Venture Horsemanship. **Payment in full must be made prior to the event in order to hold your spot.** Please contact David Rozzel, Tap Roots Farm at: 828-460-1298 for directions or information on stall availability.

Auditors:

Auditors are welcome. The fee to audit the clinic is \$10.00 per day in advance or day of event.

Private or Small Group Lessons:

You can schedule private or small group lessons with Bonnie at a rate of \$30.00 per hour a few spots are available Saturday evening, or on Sunday. She will help you with any confidence, despooking, loading/unloading, trail or competition issues, saddle fit, bit fit, or trouble shooting any holes with your horse or riding balance.

Please contact Lynn Allen, 2974 Bridgewater Rd, Morganton, NC 28655 for more information or to sign up. Please include Bonnie Williams, Gaited Rider Biomechanics Clinic in the title of your email.